



# Physiotherapy Assistant

**Duration: 7 Months**

## Academic Associations



GD GOENKA HEALTHCARE ACADEMY, KHARGHAR NAVI MUMBAI

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Sector-12, Kharghar, Navi Mumbai-410210

## Overview

This course will cover the fundamental principles of physiotherapy as well as the essential role that physiotherapist assistants play in the field. This program is designed to prepare students with the knowledge, skills and attitudes necessary to perform their role as occupational therapist assistants and physiotherapist assistants. PTA's are primarily responsible for implementation of treatment plans to promote physical functioning or to enhance participation in activities of daily living for individuals with a wide range of health conditions. The program integrates classroom theory with hands-on practical skills learning in living lab settings.

## Objectives

After completing this course, participants will be able to:

- Deliver functional restoration programmes to individuals with musculoskeletal conditions and deliver health promotion programmes.
- Assist physical therapists in providing physical therapy treatments and procedures.
- Carry out work workplace assessments.
- Assist the patient with walking, transfer and safe mobility.
- Establish or maintain patient profile, including lists of medications taken by individual patients.

## Pedagogy

Holistic teaching method (blended learning) characterized by its focus approach, stressing the importance of scenario-based practice with the help of latest tools and techniques. There will be comprehensive lab work requiring demonstrated competency to receive a satisfactory grade.

## Course Contents

- Human Anatomy & Physiology
- Occupational therapy
- Introduction to Patient physical illnesses
- Assessment and Treatment Plans
- Patient/ Family Education
- Sanitation, safety & first aid
- Patient moving & lifting techniques

## Course Highlights

- Theory + Practical - 350 Hours + 150 Hours (4 Months)
- Internship - 450 Hours (3 Months)
- Eligibility - 10+2 (PCB/PCM)
- Total Hours - 950 Hours

**0% INTEREST LOAN  
SCHEME AVAILABLE**



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